Wisdom of OLD

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If you have authored a piece and would like to submit it for consideration please be aware of the guidelines that have been outlined below:

- Submissions should be in a pdf **and** a Microsoft word-, an OpenOffice-, or a LibreOffice Writer- file. 1.5-spaced text, with a 12 point font, Arial is preferred.

- The Authors guarantee that the submitted work is their own and does not infringe anothers rights to it.

- Images should be submitted separately as jpeg or png files, and must not infringe copyright. Authors must have permission to use them.

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Wisdom of OLD

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on all things calm, mindful, healthy living..and so much more...

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